

# INVITATION TO FIS NORDIC COMBINED CONTINENTAL CUP FOR MEN IN TRONDHEIM (NOR)

Dear Ski Friends.

We hereby invite all members of the international Ski Federations to participate in FIS Continental Cup NORDIC COMBINED for Men in Trondheim 12<sup>th</sup> – 14<sup>th</sup> of January 2024.

We are excited to present our state-of-the-art ski facility in Granåsen and welcome you back to Trondheim for the FIS Nordic World Ski Championship in 2025.

We look forward to seeing you all in Trondheim, Granåsen!

Best regards

Local organizing Committee WSC Trondheim 2025

Venues:

SJ Granåsen Ski Jumping arena HS105

CC Granåsen Cross-Country stadium



**FIS Officials:**



FIS COC Coordinator  
FIS Technical Delegate  
FIS Technical Delegate

Michael Neumayer  
Matija Stegnar, SLO  
Jana Koziskova, CZE

## Judges

GER - Hünefeld, Mirko  
NOR - Loeng Geir Steinar  
NOR - Gulbrandsen Marit C  
NOR - Kasland Helge  
NOR - Eriksrød Inge

## LOC Contacts

Position	Name	Phone	Email
Chief of LOC	Kristin M. Stemland	+47 93034542	<a href="mailto:Kristin.m.stemland@trondheim2025.no">Kristin.m.stemland@trondheim2025.no</a>
Chief of Competition	Per Tommy Enger	+47 40400105	<a href="mailto:Per.tommy.enger@trondheim2025.no">Per.tommy.enger@trondheim2025.no</a>
Ass Chief of competition	Linda Svendsrud	+47 95949294	<a href="mailto:Linda.svendsrud@trondheim2025.no">Linda.svendsrud@trondheim2025.no</a>
Chief of media	Gro Eide	+47 90029009	<a href="mailto:media@trondheim2025.no">media@trondheim2025.no</a>
Accommodation	Bente Laugen	+47 48074467	<a href="mailto:accommodation@trondheim2025.no">accommodation@trondheim2025.no</a>
Accreditation	NA	NA	<a href="mailto:accreditation@trondheim2025.no">accreditation@trondheim2025.no</a>
Transport	Bjørn Harald Vik	+47 92483100	<a href="mailto:transport@trondheim2025.no">transport@trondheim2025.no</a>
Finances	Silje Solbakken	+47 47620321	<a href="mailto:finance@trondheim2025.no">finance@trondheim2025.no</a>
Wax cabins SJ/CC	Jo W. Fossheim	+47 91811326	<a href="mailto:jo.fossheim@trondheim2025.no">jo.fossheim@trondheim2025.no</a>
Medical Service	Jon Olav Drogset	+47 92064873	<a href="mailto:jon.olav.drogset@trondheim2025.no">jon.olav.drogset@trondheim2025.no</a>

## OC offices and location

Office	Location	Opening hours	Email
Race office SJ and CC	Inside Granåsen Ski Jumping arena building	12.01: 09:00 – 17:30 13.01: 08:00 – 14:00 14.01: 08:00 – 14:00	<a href="mailto:wctrondheim@trondheim2025.no">wctrondheim@trondheim2025.no</a>
Event Office/ Info desk	Scandic Lerkendal	11.01: 18:00 – 21:30 12.01: 08:00 – 19:00 13.01: 08:00 – 19:00 14.01: 08:00 – 16:00	<a href="mailto:wctrondheim@trondheim2025.no">wctrondheim@trondheim2025.no</a>

## Program

Date	Time	Competition/Event	Who	Venue
11 <sup>th</sup> January	20:00-20:30	Team Captains meeting	Team Captains	Scandic Lerkendal
12 <sup>th</sup> January	09:30	Official training Sprint CC	Athletes	Granåsen CC arena
	11:00	Competition CC Sprint (800 m)	Athletes	Granåsen CC arena
	14:30	Official training SJ	Athletes	Granåsen SJ arena
	15:30	Start PCR HS105	Athletes	Granåsen SJ arena
	16:30	Competition HS105 M	Athletes	Granåsen CC arena
13 <sup>th</sup> January	09:00	Trial round HS105 M	Athletes	Granåsen SJ arena
	10:00	Competition HS105 M	Athletes	Granåsen SJ arena
	14:00	Gundersen 10 km M (2,5 A km x 4)	Athletes	Granåsen CC arena
14 <sup>th</sup> January	09:00	Trial round HS105 M	Athletes	Granåsen SJ arena
	10:00	Competition HS105 M	Athletes	Granåsen SJ arena
	14:00	Gundersen 10 km M (2,5 B km x 4)	Athletes	Granåsen CC arena

## Accreditation:

There will be no accreditation card for the athletes/teams. For information about accreditation for cars, look at the transportation chapter.

For questions regarding accreditation, please contact [accreditation@trondheim2025.no](mailto:accreditation@trondheim2025.no).

## Accommodation

The LOC offers the following accommodation (full board included) for athletes and staff.



Adress: Klæbuveien 127 A, Trondheim

## Prices and rules

- Booking according to the FIS Rules via FIS Online registration system:  
[https://www.fis-ski.com/DB/?authentication\\_page=signin](https://www.fis-ski.com/DB/?authentication_page=signin)
- The price for accommodation outside of the quota or for additional nights is CHF 125 per person in a double room or apartment (minimum number of persons occurs). The price for additional single rooms is CHF 160.
- In cases where single room is not necessary because of gender, role, number of athletes and staff inside the quota, the cost difference between single and double rooms must be paid.
- FIS Entry deadlines:
  - Preliminary entries: 01/12/2023
  - Entries: 04/01/2024

## Cancellation rules and fees

- Please see FIS Nordic Combined Continental Cup Rules 6.1.2
- Cancellation fee between 8 days and until the end of the events: 100% cancellation fee.
- For cancellations of more than what is stated in the rules above the OC will charge a 100% cancellation fee.

## Carrying costs/ reimbursement

- Expenses sheets must be sent to [finance@trondheim2025.no](mailto:finance@trondheim2025.no) Payments will be done by bank transfer.

## Payment

- Accommodation costs above quota and transport: Teams will pay directly in the event office at Scandic Lerkendal hotel. Only credit cards will be accepted.
- In case you are not able to pay by card, please send us your invoice information in advance.

## Prize money

- Prize Money will be paid by bank transfer to the athletes after the event. The prize money is regulated by the FIS Rules for Continental Cup. Receipts will be provided to the athlete electronically and a copy transmitted to FIS.
- Remember to upload bank info using the FIS Athlete Registration module in the FIS member section.
- Responsible for prize money: [hedda.hoel@skiforbundet.no](mailto:hedda.hoel@skiforbundet.no)

## Income tax information for prize money

- Income tax of European citizens is 15%
- Income tax of non-European citizens is 15% (exception occur for USA citizens; income tax is 0% unless the total prize money exceeds USD 10 000).
- Tax will be deducted by the LOC according to the Norwegian Foreign Artist Taxation Act, and taxes will be paid by the LOC according to the regular tax legislation in Norway.

## Official transport and shuttle

### Transport to the Airport after the event

- Official Airport: Værnes (TRD)
- There will not be arranged any official transportation from the airport upon arrival.
- For organized transportation upon departure, please fill in your request through the FIS online registration system:  
[https://www.fiscki.com/DB/?authentication\\_page=signin](https://www.fiscki.com/DB/?authentication_page=signin)
- Price for bus transportation:
  - Between the Scandic Lerkendal hotel and Trondheim Airport; up to 15 persons = EUR 250, 16-50 persons = EUR 350
- Alternative transportation between the Airport and the hotel is Airport express bus (Vaernes expressen - <https://www.vaernesekspresen.no/en/>) or by train to Trondheim S, and then local bus to the hotel.

## Between the hotel and venue in Granåsen

- Frequent bus shuttle transport between Scandic Lerkendal hotel and the venue in Granåsen will be organised for training and competition from Friday 12<sup>th</sup> January to Sunday, January 14<sup>th</sup>. The schedule will be fixed according to official training times and competitions times.
- Transport schedule will be published at the website and in the info desk at Scandic Lerkendal Hotel.

## Parking in Granåsen arena and at the hotel

- Due to limited parking spaces in Granåsen, only accredited vehicles will be allowed to enter the arena.
- The accreditation card for cars will be handed out at the LOC office/info desk at Scandic Lerkendal Hotel.

## Bibs

- Bibs for official training and the ski jumping competitions will be distributed one hour before the competition in the Race Office in the Ski Jumping Hill.

## Waxing facilities

- Wax cabins for both Ski Jumping and Cross-Country are located inside the Ski Jumping arena.
- Wax cabins are available from 11/012024 at 14:00.
- Contact person is Jo W. Fossheim: [jo.fossheim@trondheim2025.no](mailto:jo.fossheim@trondheim2025.no)
- The key to the wax cabins will be handed over from the race office located in the same building. The deposit is EUR 100/team. Key return and deposit return to the race office.

## Competition Rules

- The number of participants in the competitions for Continental Cup NC must comply with official FIS competition rules and regulations.

## Doping Control

- Doping control may be carried out at any FIS competition according to FIS Anti-Doping Rules.

## Economy – Insurance

- Financial conditions are according to the FIS Rules and regulations.



- All competitors must be insured by their own National Ski Association and must have signed the Athletes Declaration.
- The Organizers have coverage for their own third-party liability only.

## Regulations of Visa

- Remember that citizens of some countries will need a visa for visiting Norway. Please check with your embassy if you need a visa for Norway.
- If you need an official letter of invitation from the LOC, please send a request to: [wctrondheim@trondheim2025.no](mailto:wctrondheim@trondheim2025.no). Be sure to send names and what kind of information you need to get accepted to travel to Norway.

## Truck driving and routes

- There is no need for special permissions for truck driving on Norwegian roads. No special rules and regulations, except for the normal Scandinavian weather and snow conditions and the need for snow tires.

## Arena and course maps

Updated arena maps on our website: [www.trondheim2025.no/en](http://www.trondheim2025.no/en)

# COC, Nordic Combined 2024

Granåsen, Trondheim January, 12-14th

## Supersprint



Norges Skiforbund





# COC, Nordic Combined 2024

Granåsen, Trondheim January, 12–14th

## 2.5 km



2,5 A km course



# COC, Nordic Combined 2024

Granåsen, Trondheim January, 12-14th

## 2.5 km



2,5 B km course