



EVENT PROGRAM

Detailed competition schedule
Cross Country



Time	Race format	Arena
Tuesday 25/2		
12:30 - 14:30	Official training Qualification race	CC-arena
17:30 - 19:00	TCM Qualification race/Info meeting CC	Scandic Lerkendal
Wednesday 26/2		
10:00 - 12:00	Official training Sprint	CC-arena
13:30 - 14:20	Qualification race 7,5 km classic - women	CC-arena
15:30 - 16:40	Qualification race 7,5 km classic - men	CC-arena
18:00 - 19:00	TCM Sprint	Granåsen
Thursday 27/2		
10:00 - 11:15	Sprint qualification free - women/men	CC-arena
12:30 - 14:15	Sprint finals free - women/men	CC-arena
Friday 28/2		
11:30 - 13:30	Training Skiathlon	CC-arena
18:00 - 19:00	TCM Skiathlon men	Granåsen
Saturday 1/3		
14:00 - 15:00	Skiathlon 20 km (10 + 10) C/F - men	CC-arena
18:00 - 19:00	TCM Skiathlon women	Granåsen
Sunday 2/3		
14:00 - 15:00	Skiathlon 20 km (10 + 10) C/F - women	CC-arena
Monday 3/3		
10:00 - 12:00	Training 10 km/Team sprint	CC-arena
18:00 - 19:00	TCM Para Sprint/TCM 10 km	Granåsen
Tuesday 4/3		
13:00 - 14:30	Individual 10 km classic – men	CC-arena
15:30 - 17:00	Individual 10 km classic – women	CC-arena
18:00 - 19:00	TCM - Team Sprint/Para Finals	Granåsen

Wednesday 5/3

11:00 - 12:00	Qualification team sprint classic - women/men	CC-arena
14:30 - 15:30	Finals Team Sprint classic - women/men	CC-arena
17:00 - 19:00	Training Relay	CC-arena
19:30 - 20:00	TCM Relay men	Granåsen

Thursday 6/3

12:30 - 14:00	Relay 4x7,5 km C/F - men	CC-arena
18:00 - 19:00	TCM Relay women	Granåsen

Friday 7/3

14:00 - 15:30	Relay 4x7,5 km C/F - women	CC-arena
16:30 - 18:00	Training 50 km	CC-arena
20:00 - 21:00	TCM 50 km men	Granåsen

Saturday 8/3

11:30 - 14:00	Mass start 50 km free - men	CC-arena
18:00 - 19:00	TCM 50 km women	Granåsen

Sunday 9/3

11:30 - 14:10	Mass start 50 km free - women	CC-arena
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